



at the heart of Norbury  
**Norbury Green  
 Residents' Association**

In association with



# NGRA News - Issue No. 25 - February 2019

## Dates for your Diary

Norbury Green Residents' Association

**ANNUAL**

**GENERAL MEETING**

**Tuesday 19th March at 7:30pm**

(doors open at 7pm for membership renewal)

Leonard Memorial Hall

Norbury Baptist Church

Semley Road - SW16 4PL

**ALL WELCOME!**

YOU CAN JOIN OR RENEW YOUR MEMBERSHIP  
 AT THE MEETING

NOMINATIONS FOR COMMITTEE  
 WILL BE GRATEFULLY RECEIVED

Free Refreshments - Raffle

## Norbury Neighbours Coffee Mornings

First Saturday of every month - 10 am to 12 noon  
 at Norbury Library, Beatrice Avenue SW16 4UW

Next one: **Saturday 2<sup>nd</sup> March**



Come along for a **FREE** cuppa – coffee, tea or chocolate – with biscuits! Meet other local people, share ideas and opinions, find out what's happening in your neighbourhood.

## Coming soon!

### Spring Garden Competition

Don't forget this annual event! The front gardens of all members are included in the judging which will take place in early April.

If you would like to be one of the judges please make yourself known either by email or telephone - or at the AGM. Contact details are on the back page.



### Community Contact Sessions – all welcome

At Norbury LPT base, 1342-1344 London Road SW16

Thursday 14/02/2019, 16:00 - 18:00

Thursday 21/02/2019, 15:00 - 17:00

Tuesday 05/03/2019, 16:00 - 18:00

Tuesday 12/03/2019, 14:00 - 16:00

Thursday 21/03/2019, 16:00 - 18:00

### Quiz Night 2018

**Sincere apologies** to all who were disappointed and inconvenienced by the last minute cancellation of our Quiz Night in October. Although our event had been booked for months St Philip's Church cancelled our booking with less than 24 hours' notice. This was totally beyond our control.

Thank you for your support – please spread the word about NGRA and increase our membership

## Norbury Library



**Beatrice Avenue, Norbury SW16 4UW**

**Tel:** 0203 700 1011

**Email:** [norburylibrary@croydon.gov.uk](mailto:norburylibrary@croydon.gov.uk)

### Opening times:

Monday: 9:00-19:00

Tuesday: 9:00-18:00

Thursday: 9:30-18:00

Friday: 9:00-18:00

Saturday: 9:00-17:00

### Services

Books, audio books and DVDs for reference and loan

Children's library

Enquiry service

WiFi internet access

Free access to PCs including the internet

Colour photocopier

Books in community languages

Newspapers

Community information

Reading groups - see below

20 study spaces (Access to quiet study space in branch libraries is subject to availability and may be affected by events taking place in the library at the time. Please contact the library for details.)

### Children's events

Free drop-in events for young children:

Bookstart Rhymetime: every Friday 11am -11:30am

Wiggle and Jiggle: every Thursday 10:30am -11am (term-time only)

Storytime: every Saturday 11am -11:30am except school summer holidays

### Reading Groups

Adult Reading Group: meets once a month on a Monday 5:30pm - 6:30pm

Crime Fiction Reading Group: meets every fourth Saturday 2:30pm - 3:30pm

### IT Support Sessions

The library runs free IT Sessions every Tuesday from 11am – 12 noon and 1pm – 2pm. For further information and to book a session please contact the library.

## RIP Councillor Maggie Mansell



Norbury Councillor Maggie Mansell passed away on 5<sup>th</sup> January following a short illness.

Born and bred in Croydon, Maggie was educated, lived and worked in the Borough. She dedicated much of her life to public service, helping thousands of people across the Borough.

A biomedical scientist, Maggie worked for the NHS and later as a Management Consultant before becoming a full-time Councillor. She was awarded a Fellowship of the Institute of Biomedical Sciences in 1970, gained a BA from the Open University, an MBA from Keele University in 1992 and became a Member of the Institute of Health Management in 1993.

She was first elected to Croydon Council as a Labour Councillor in 1986 when she won West Thornton ward. She held that post until 1990, returning as a ward Councillor for Norbury in 1994, and later, Norbury and Pollards Hill until the present day.

In her time as a Councillor she sat on the Social Services committee, and Chaired the Children's sub-committee and the Environmental Health and Consumer Services committee. Maggie also served as Cabinet Member for Crime and Public Protection and was Chair of the Health and Wellbeing board. She was instrumental in establishing the Healthy Croydon Partnership and in addition to her Council duties served as a Governor at several Croydon schools.

In 2005 Maggie became the 123rd Mayor of Croydon.

At the time of her death Maggie was an active Ward Councillor for Norbury and Pollards Hill, Dementia Champion and on the Health and Wellbeing and Pension boards.

### Cllr Tony Newman, Leader of the Council, said:

*"It is with great sadness that we receive the news of the passing of one of our most dedicated, compassionate and long-serving councillors, Maggie Mansell. Maggie helped thousands of people and made a real difference, particularly in the field of health. She was campaigning right up until the end.*

*"We will remember her passion for equality and justice, her caring nature and her unswerving commitment to our community. She will be sadly missed, and our thoughts are with her family."*

## Seasonal Recipe

### Mustard Chicken with Winter Vegetables



Serves 4-6

#### Ingredients

- 1 Chicken - about 1.8kg/4lb in weight
- 2 Onions
- 6 Celery sticks
- 6 Carrots
- 2 Bay leaves
- 2 Thyme sprigs
- 1 tsp Black peppercorn
- 50g Butter
- 100g Smoked bacon lardons
- 3 Small turnips, peeled and cut into wedges
- 1 tbsp Plain flour
- 2 tbsp Wholegrain mustard
- 3 Rounded tbsp crème fraiche
- A good handful parsley, chopped

#### Method

1. Put the chicken in a large pot. Halve 1 onion, 1 celery stick and 1 carrot. Add to the pot with the herbs, peppercorns and a sprinkling of salt. Add water to come halfway up the chicken, bring to the boil, then cover tightly and simmer for 1½ hrs. Cool slightly, remove the chicken to a dish, then strain the stock into a bowl.
2. When the chicken is cool enough to handle, strip the meat from the bones and tear into pieces with your hands.
3. Chop the remaining onion, and cut the celery and carrots into thick slices. Heat the butter in the same pot, add the onion and lardons, then gently fry for 5 mins until just starting to brown. Add the remaining veg, then fry for 2 mins. Stir in the flour, then cook for 1 min. Measure 900ml stock (if you don't have enough, make it up with water), then gradually add to the pan, stirring. Cover, then simmer for 20-25 mins until vegetables are tender.
4. Return the chicken to the pan with the mustard and crème fraiche then return to a simmer, stirring gently. Season and sprinkle with parsley.



Compassionate Neighbours is a growing network of local people who support each other to promote practical compassion in their communities. Their volunteers provide social and emotional support to people around them living with or caring for someone with a life-limiting illness including dementia or those experiencing loneliness, through regular social connection.

St Christopher's launched Compassionate Neighbours in the Crystal Palace area in 2017 and it has quickly grown and now has a small network in Thornton Heath and Norbury. St Christopher's are looking for local people who'd like to help them grow Compassionate Neighbours in Norbury.



Maria and Varsha from Compassionate Neighbours came to our January Coffee Morning to let us know about this wonderful and rewarding volunteer opportunity.

#### Why not volunteer?!

They offer regular, free training, facilitated by St Christopher's hospice, for anyone interested. They then match people to others who are ill or isolated based on their shared interests, experiences and geography. The next training sessions will be held on:

1. 9<sup>th</sup> and 16<sup>th</sup> February 2019
2. 18<sup>th</sup> and 19<sup>th</sup> of March 2019

You don't have to be formally matched if you'd prefer not to be; you're welcome to join the training, meet others, learn new skills and share your own experiences too. They also hold regular catch ups for Neighbours to help support each other and social events to keep in touch.

If you are interested in taking on this rewarding role, you'll need to be over 18 to get involved and complete a DBS check, references and training. For more information or to book a place on the free training contact Steph Turner on 020 8768 4619 or 07867 556472 or email [CN@stchristophers.org.uk](mailto:CN@stchristophers.org.uk).

## NGRA Membership and Love Norbury Discount Card

Membership of Norbury Green Residents' Association comes with a Love Norbury card entitling you to receive discounts from many local shops and services which can give you back your membership fee many times over. If you aren't already a member see the instructions in the green box on this page. Or you can join or renew your Membership at our Annual General Meeting in March. See front page.

The fee has been maintained at £5 for households with a waged member or £2.50 for others.

**Don't forget! Your Love Norbury discount card can only be used with a valid Residents' Association membership card.**

See [lovenorbury.org.uk/discount-scheme](http://lovenorbury.org.uk/discount-scheme) for list of participating businesses and discounts offered.

### To Join or Renew your NGRA Membership

to 31 March 2020 simply cut out this coupon, fill in your details and send or deliver to:

**Membership Secretary, NGRA  
32 Semley Road, Norbury SW16 4PH**

Name: .....

Address: .....

..... Postcode: .....

Telephone: .....

Email: .....

£5 per household (£2.50 concessions)

I enclose £..... Cash/Cheque payable to:  
Norbury Green Residents' Association

**Please do not mail cash**

Data Protection Act 1988. Your details will not be passed to any third party. They will be used only for the purposes of circulating information to you relating to Norbury Green Residents' Association

### CONTACT YOUR ASSOCIATION

**Norbury Green Residents' Association**

Email: [contact@norburygreen.co.uk](mailto:contact@norburygreen.co.uk)

Phone: 07864 538 044

Twitter: @NorburyGreenRA

Website: [www.norburygreen.co.uk](http://www.norburygreen.co.uk)

**For local information** please check the Noticeboards – in Stanford Road at the side of Lloyds Bank and London Road by Norbury Sewing Centre.

## Your Committee for 2018-2019

<b>Chair</b>	Anita Konczak
<b>Vice-Chair</b>	Charmian Gunnis
<b>Treasurer</b>	John McGillivray
<b>Secretary</b>	Barbara Armstrong
<b>Members</b>	Ann McGillivray      Eddie Coleman Jim Pedder              Mercedes Alonso

**Contact us** ☎ 07864 538044

✉ [contact@norburygreen.co.uk](mailto:contact@norburygreen.co.uk)

## The Committee for 2019-2020

will be elected at the AGM in March. **Please speak up if you would like to be nominated.** We are always looking for new members to join the team.

## Chess for Children Classes



**Cassandra Centre, 1433a London Road, Norbury, SW16 4AW** (above Lloyds Bank, side entrance on Stanford Road)

Mondays 5.30 pm to 7.30 pm – from £5 per session

### Contact:

Richard Weekes Chess Academy      07538 035896  
Research suggests that children who learn chess perform better in school, have improved calculating ability and are more imaginative, creative, and self-motivated. Chess also helps to improve decision-making and challenges both girls and boys of all abilities to think. That makes chess fun and easy to learn and play!



## Norbury Bowling Club

Turtle Road, Norbury SW16 5QN

### Contact:

Paul Childs      020 8651 2285  
Fegal Keane      07973 412323

## FREE OPEN DAY – advance notice for your diary!

**Saturday 27<sup>th</sup> April 2019 from 2:30pm to 5:30pm**

The sport for all ages. Why not give it a try? Learn to play, meet and compete at your local bowls club during the Summer months.

**gordon&co**

**Michael, Peter and Seth**  
are ready to take your call  
on **020 8679 1666**

[www.goandco.co.uk](http://www.goandco.co.uk)

*(Formerly Mitchells Estate Agents)*