



at the heart of Norbury
**Norbury Green
 Residents' Association**

In association with



NGRA News

Issue 24

September 2018

www.norburygreen.co.uk

Welcome to the latest issue of NGRA News - keeping you up to date with local issues in your neighbourhood.

Dates for your Diary

Norbury Green Residents' Association

GENERAL MEETING

Tuesday 25th September at 7:30pm

Leonard Memorial Hall
 Norbury Baptist Church
 Semley Road - SW16 4PL

ALL WELCOME!

Free Refreshments - Raffle

Norbury Green Residents' Association

ANNUAL QUIZ NIGHT

Saturday 6th October – 7 for 7:30pm

St Philip's Church Hall
 Beech Road SW16 4NW

Cash Bar - Refreshments - Raffle

First prize: £100

Up to 6 in a team - £3pp/£15 per team

For more information or to purchase tickets
 call or text 07864 538044 / 07768 806737

email: contact@norburygreen.co.uk

If you are an organisation in Norbury with regular events of interest to local residents please let us know about them so we can include them in our newsletter – contact@norburygreen.co.uk

International Evening

Come wearing something from your country of origin

Bring your own drink

Entry £5.00

Children £2.00

Everyone Welcome

Come Celebrate

Uniqueness of Our Cultures & Traditions &

Enjoy the Food from Across the World:

Afro-Caribbean, Asian, Continental, European, Central American, Oriental

Live Entertainment, Games, Music, Dance, Raffle.



Let us know if you are coming (for catering purposes)

Email: revd.younis@gmail.com - Tel: 020 3172 1426

Sat 22 Sept 6.00pm - 10.00pm

St Philip's Church Hall, Beech Road, Norbury SW16 4NW

Norbury Neighbours Coffee Mornings

First Saturday of every month - 10 am to 12 noon
 at Norbury Library, Beatrice Avenue SW16 4UW

Next one: Saturday 6th October



Come along for a FREE cuppa – coffee, tea or chocolate – with biscuits! Meet other local people, share ideas and opinions, find out what's happening in your neighbourhood.

Please turn to back page for more regular events in Norbury



Robbery Prevention Tips

- **Trust your instincts.** If you sense trouble, get away as soon as possible.
- **Show confidence.** Walk at a steady pace, keep your head up and avoid carrying lots of packages. It can make you look defenceless.
- **Don't look like an easy target.** Robbers want someone who will provide the least resistance. If you look like you know where you are going, walk with your head up and eyes alert, you will most likely be left alone.
- **Be observant.**
- **Remain alert and observe the people around you.** Know who is walking behind and in front of you. Things to watch for include suspicious persons or vehicles, people who are wearing inappropriate clothing for the weather (e.g. a long or heavy coat in warm weather), and people just loitering around.
- **Walk in well-lit areas.** If possible, do not walk alone.
- **Be aware of your surroundings.** If you think you are being followed, go to a crowded area.
- **Do not carry large amounts of money and carry keys in your hand.**

Begging on London Road

You may have recently noticed people begging on our High Street. Our local police team have increased their patrols and will continue to stop and question the individuals who are spotted begging.

Many of the people asking for your money are caught in a desperate cycle of begging to support drug and alcohol addiction.

If you want to help them please give your money to the many services seeking to help rough sleepers. There are plenty of ways to ensure your money is spent on funding solutions to homelessness and addiction. To donate, volunteer or for more information, visit www.thamesreach.org.uk

To contact the police:

Non-Emergency	101
Emergency	999
Anti-Terrorist Hotline	0800 789 321

A plea from a Norbury Green Resident

FRIENDS, RESIDENTS, CROYDONIANS - LEND ME YOUR EYES

Do you **Love Norbury**? And are you sick of finding filthy rubbish strewn over your pavements, gardens and roads?



Apart from the selfish fly-tippers whom we should all call out and report to the council, a lot of the detritus strewn about our streets is directly related to how WE all dispose of our waste. If you leave rubbish out in a way that gives easy access for foxes they will take great delight in having a nocturnal rummage and dragging out the contents of your bins, boxes and bags, leaving food, food wrappings and soiled nappies, etc., all over the place. This in turn increases the already out-of-control fox population, attracting rats and other vermin and resulting in serious health risks. And thus your beautiful neighbourhood becomes a really vile place in which to live and work.

Taking your unwanted household items to the local recycling centre (it's a fascinating place – and it's free!) is a more considerate method of disposal and infinitely preferable to leaving them outside your house – or worse – someone else's, where they will no doubt be added to by other similarly-minded anti-social people.

Norbury is YOUR home, backyard and safe refuge, so let's turn back the tide of thoughtlessness that creates all that is negative for residents and visitors alike, and **Love Norbury** once again!

New Domestic Bin Collections

The new service, intended to increase recycling, started on 3rd September and your new bins should have been delivered with full instructions on their use and **your collection day - which may have changed.**

Old boxes left in your front garden will be collected.

The Council is aware that there will be teething problems until the new system settles in and have asked residents to bear with them but if in the meantime you have any questions about the new recycling service you can contact

wasteservices@croydon.gov.uk or call 020 8604 7282 between 9am and 5pm, Monday to Friday.



Croydon Libraries Online Services

There are many library services available online and you can **activate your online account** and receive your password by taking your membership card to any Croydon library. Then you will be able to:

- Use the online catalogue to search and reserve books, CDs, videos, talking books and DVDs at Croydon libraries;
- Renew items – provided they haven't been reserved by anyone else and you haven't already renewed them 5 times;
- Reserve any item you can find in the online catalogue

BorrowBox e-library



24/7 access to e-books. You can borrow books by using the digital library even when your local library is closed. Anyone can browse the digital library, but if you wish to download an item you will need a library card and an

online account password. For more details visit <https://www.croydon.gov.uk/leisure/libraries/online-library/digital-library-audio-and-e-books>

RBDigital Magazines



Digital versions of over 50 print magazines are available online. Anyone can borrow from the digital library, but to download any issues you will need a library card and an email address. There is

no limit to how many magazines you can download. For more details visit <https://www.croydon.gov.uk/leisure/libraries/online-library/digital-magazines>

Your local Library is Norbury Library and services include:

- Books, audio books and DVDs
- Children's library
- Enquiry service
- WiFi internet access
- Free access to PCs including the internet
- Colour photocopier
- Books in community languages
- Newspapers
- Community information
- Reading groups
- 20 study spaces

Seasonal Recipe

Creamy Pumpkin and Lentil Soup



Ingredients

- 1 tbsp olive oil, plus 1 tsp
- 2 onions, chopped
- 2 garlic cloves chopped
- Approx 800g chopped pumpkin flesh, plus the seeds
- 100g split red lentils
- ½ small pack thyme, leaves picked, plus extra to serve
- 1 litre hot vegetable stock
- Pinch of salt and sugar
- 50g crème fraiche, plus extra to serve

Method

1. Heat the oil in a large pan. Fry the onions until softened and starting to turn golden. Stir in the garlic, pumpkin flesh, lentils and thyme. Then pour in the hot stock. Season, cover and simmer for 20-25 mins until the lentils and vegetables are tender.
2. Meanwhile, wash the pumpkin seeds. Remove any flesh still clinging to them, then dry them with kitchen paper. Heat the 1 tsp oil in a non-stick pan and fry the seeds until they start to jump and pop. Stir frequently, but cover the pan in between to keep them in it. When the seeds look nutty and toasted, add a sprinkling of salt and a pinch of sugar, and stir well.
3. Whizz the cooked pumpkin mixture with a hand blender or in a food processor until smooth, then add the crème fraiche and whizz again. Taste for seasoning.
4. Serve with a spoonful of crème fraiche, a few thyme leaves and the toasted seeds scattered on top.

ENJOY!

Sudoku Puzzle

	3			1			6	
7	5			3			4	8
		6	9	8	4	3		
		3				8		
9	1	2				6	7	4
		4				5		
		1	6	7	5	2		
6	8			9			1	5
	9			4			3	

Fill in the grid so that each column, each row, and each of the nine 3x3 subgrids contain all of the digits from 1 to 9

Dates for your Diary

REGULAR LOCAL EVENTS

St Philip's Church, Beech Road SW16 4NW

- Table Tennis

Mondays and Fridays 10:00am – 12:30pm

£2 per session – Coach available on Fridays

All standards welcome – No booking necessary

Bats and balls provided – Tea and Coffee available

- IT Sessions

Every Friday 10.30am – 12.15pm – FREE

Learn how to use a computer, access the web and improve your IT skills – Tea and Coffee available

NGRA Membership and Love Norbury Discount Card

Membership of Norbury Green Residents' Association comes with a Love Norbury card entitling you to receive discounts from many local shops and services which can give you back your membership fee many times over. If you aren't already a member or have not yet renewed your membership for 2018/2019 please see the instructions in the green box on this page.

The fee has been maintained at £5 for households with a waged member or £2.50 for others.

Don't forget! Your Love Norbury discount card can only be used with a valid Residents' Association membership card.

See lovenorbury.org.uk/discount-scheme for the list of participating businesses and discounts offered.

Your Committee for 2018-2019

Chair	Anita Konczak	
Vice-Chair	Charmian Gunnis	
Treasurer	John McGillivray	
Secretary	Barbara Armstrong	
Members	Ann McGillivray	Eddie Coleman
	Jim Pedder	Mercedes Alonso
Contact us	☎ 07864 538044	
	✉ contact@norburygreen.co.uk	

To Join or Renew your NGRA Membership

to 31 March 2019 simply cut out this coupon, fill in your details and send or deliver to:

Membership Secretary, NGRA
32 Semley Road, Norbury SW16 4PH

Name:

Address:

..... Postcode:

Telephone:

Email:

£5 per household (£2.50 concessions)

I enclose £..... Cash/Cheque payable to:
 Norbury Green Residents' Association

Please do not mail cash

Data Protection Act 1988. Your details will not be passed to any third party. They will be used only for the purposes of circulating information to you relating to Norbury Green Residents' Association

CONTACT YOUR ASSOCIATION

Norbury Green Residents' Association

Email: contact@norburygreen.co.uk

Phone: 07864 538 044

Twitter: @NorburyGreenRA

Website: www.norburygreen.co.uk

For local information please check the Noticeboard by Norbury Sewing Centre and look out for a new, bigger Noticeboard coming soon to the corner of Stanford Road and London Road.



Michael, Peter and Seth
 are ready to take your call
 on **020 8679 1666**

www.goandco.co.uk

(Formerly Mitchells Estate Agents)